



Binder Scheme Guidance Information

July 2023

To support staff to deliver the TryB4U Buy binder scheme safely and effectively we have put together guidance and a delivery checklist:

The [GIDs NHS safe binding guidance](#) must be adhered to at all times

This guidance should be followed in conjunction with the [Free2B Safeguarding Policy](#).

The Free2B Designated Safeguarding Leads (DSLs) will regularly check for any changes or updates to NHS guidance and amend our scheme accordingly – if any changes are required the staff team will be informed via the weekly team meeting.

The Free2B TryB4U Buy leaflet must be provided (either in digital or printed format) and all of the harm reduction points must additionally be talked through with the service user. In addition, the [GIDS guidance](#) must be signposted as this includes further information on health implications.

As an additional safeguard – parents of children (under 18s) should provide consent to their child accessing the scheme and receive the information / leaflet.

If it is deemed unsafe to inform the parent – the Free2B staff member should bring this to the Free2B DSL to explore safe solutions, for example:

- Liaising with relevant professionals such as the school DSL or GP to explore safe solutions.
- Free2B and / or relevant professionals may be able to explore contact with the parent.

N.B. Voucher support to purchase a binder is currently suspended for under 18s regardless of parental consent.

Staff delivery checklist:

- ☐ Parent consent obtained.
- ☐ Where parent consent is unsafe to obtain – case brought to DSL.
- ☐ TryB4U buy leaflet provided.
- ☐ GIDs guidance provided.
- ☐ Harm reduction strategies discussed.
- ☐ Parent/child take photo or digital copy of the measurement information sheet.
- ☐ All information recorded on client record.

Free2B Designated Safeguarding Leads:

Lucie Brooke: lucie@free2b.lgbt | 07757 502 726

Georgina Wilkinson: georgina@free2b.lgbt | 07529 221 239