



FREE2B BULLETIN - SPRING 2024

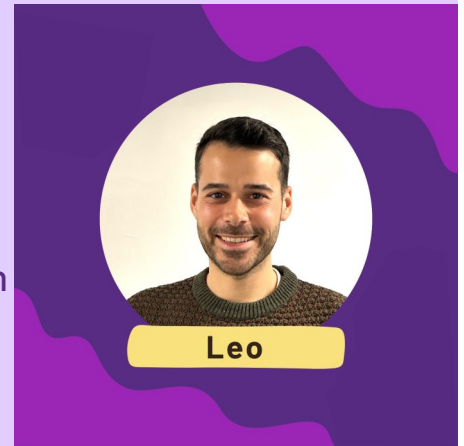
HEADLINE NEWS

WELCOME LEO!

We are absolutely delighted to welcome Leo to our growing team. Leo joins us as our Chief Operating Officer and brings a wealth of experience from his previous roles in the charity and education sectors.

Leo will be leading on the day-to-day operational management of Free2B and supporting the delivery of our strategic and growth plans.

Over the coming months Leo will be meeting with our youth and parent members to gain their thoughts and ideas to help develop our new strategic aims and goals.



COMMUNITY EVENTS & ACTIVITIES

We've been busy getting out and about to support community events. To kick off 2024 our team attended Southborough High School to support their fabulous #WellFest event. The day was dedicated to supporting pupil mental health and our stall encouraged pupils to share the things that bring them joy.

At the end of January we joined forces with Wandsworth Youth Service, Spectra and Metro to deliver an open event at the 160 Clinic, Falcon Road. We hope to run termly events to encourage young people to feel comfortable accessing the sexual health clinic.



And to launch LGBTQ+ History Month we were delighted to take part in an exciting collaboration between Free2B and the UNICEF UK LGBTQIA+ network!

Our incredibly talented youth club members at Gap have transformed the UNICEF UK reception area with their fabulous artwork.

And we will be joining their staff for a 'lunch and learn' session at the end of February.



FREE2B BULLETIN - SPRING 2024

YOUNG PEOPLE

We've had some important workshop sessions taking place at the Gap including a session from GamCare on gambling awareness. In January our very own T and JC delivered a powerful session on knife crime awareness, with T creating a poem from the young people's whiteboard reflections:

S.T.O.P.

Solve This Ongoing Problem

Knives are useless, they really don't offer you much protection, carrying them is not a form of self-defence or the way to reach a resolution.

They can be sharp, are a threat to our lives & carrying one definitely isn't worth it, in fact, it's bad, anyone could be a victim or a predator, why live in fear, that's sad.

As Ghandi said, "an eye for an eye will turn everyone blind",

Forgive, don't hate, there's no need to be unkind.

Trust your gut, go boxing, just say sorry, or speak out, so there's no tears, no pain, no heartache, no more losses or any self-doubt...

Believe, love life, so you're not fallen or left in pieces, or worse still, buried too early, in a grave, if trouble arises, pick up your foot & run, know that you're not the chicken, you're the one who's alive & brave.

Please get in touch to find out more information: hello@free2b.lgbt

TRAINING

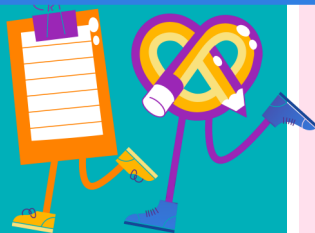
We continue to deliver our monthly CPD on LGBTQ+ inclusivity: **Have PRIDE in your Work.**

Our spring dates are available to book with early bird rates!

Our Rainbow Power youth council have been working on a project to assess LGBTQ+ inclusivity at mainstream youth clubs and schools in Wandsworth. They have created a comprehensive checklist to help organisations identify their strengths and areas to develop.

If you'd like us to visit your venue please do get in touch.

For more info please visit our training webpage: www.free2b.lgbt/training



PROUD PARENTS

Upcoming sessions:
6th Mar | 20th Mar | 3rd Apr

We run online sessions and adhoc in-person trips. We aim to alternate sessions between a social space to share updates and connect, followed by a guest speaker or specific workshop topic. We've started the year off with a wonderful workshop from the Intercom Trust exploring gender variance through history and culture.

We also have a thriving WhatsApp group where parents share their challenges and triumphs.

For more details please contact us: hello@free2b.lgbt

