

### **HEADLINE NEWS-WELCOME MEGAN!**

We are thrilled to welcome Megan to the <u>Free2B team</u> as our new Community Support Worker based in Richmond!

Megan brings extensive experience working with young people and children in childcare and healthcare settings, and is skilled in providing both 1:1 and group support.

Megan has a master's in criminology, gender and sexualities, and is currently training as a counsellor. They also volunteer as a mentor, supporting women who have been victim to gender based crimes.

We're so excited to have Megan on board and can't wait to see the positive impact they'll have at Free2B!



#### YOUNG PEOPLE

We've had an absolute blast at our youth clubs lately! Our young people have been busy expressing themselves through art, games and learning new skills. From designing their own tote bags and creating delicious fruit art to tackling Taskmaster challenges and gaining essential first aid knowledge, there's never a dull moment. We love seeing their creativity and confidence shine!



Head over to our <u>website</u> or get in touch on <u>hello@free2b.lgbt</u> to find out more about how we support young LGBTQ+ people.







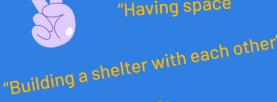


# FREE2B BULLETIN - AUTUMN 2024

## **AN UNFORGETTABLE ADVENTURE AT WOODROW HIGH HOUSE**



Our recent residential trip to Woodrow High House was filled with exciting challenges and laughter. We're so proud of the resilience and determination that our young people showed. Here are some of their highlights in their own words:



"Facing fears going up high ropes"



"Being happiest I've been in 8 years and never felt happier"

#### TRAINING

In June we delivered our LGBTQ+ inclusivity training to non-clinical staff at the Lambeth



Primary Care Network, providing them with the tools to create a more welcoming and supportive environment for LGBTQ+ young people.

Get in touch with your bespoke training needs on hello@free2b.lgbt.





## **PROUD PARENTS**

**Upcoming sessions:** 25th Sep | 9th Oct | 23rd Oct In July, our Proud Parents



group enjoyed a wonderful trip to Kew Gardens. It was a chance to connect with nature, relax and share experiences. We'd also like to thank Jacob from Transparent Change for an invaluable session on trans and non-binary fertility and parenting.



