



FREE2B BULLETIN



Autumn 2026



WELCOME LIV!

We're delighted to welcome Liv (she/they) to the Free2B team as our new Community Support Worker based in Richmond! Liv brings experience of providing neurodivergent and LGBTQ+ affirmative support, having previously worked in mental health charities and NHS services. They're passionate about creating safe, welcoming spaces where people feel seen, heard and supported, and are looking forward to working with young people in schools. Outside of work, Liv enjoys crochet, reading, learning about queer history and spending time with their two orange cats! You can meet Liv and the rest of the team [here](#).

THAT'S A WRAP ON OUR 10TH BIRTHDAY!

From June 2025 to June 2026, we celebrated a decade of creating safe spaces, championing inclusion and supporting LGBTQ+ young people and their families.

To mark the occasion, we've published a special 10th birthday summary, looking back at our journey, celebrating our impact and sharing some of the highlights from our birthday year.



We're also delighted to share that we smashed our £10,000 birthday fundraising target, raising an incredible £11,128.63 thanks to you, our wonderful supporters!

A huge thank you to everyone who has been part of our journey over the past decade. Here's to the next 10 years!

[Read our 10th Birthday Summary](#)

PLEASE VOTE FOR FREE2B AT TESCO!

We've been selected for the Tesco Stronger Starts in-store vote! We could receive up to £1,500 to provide healthy snacks for the LGBTQ+ young people attending our groups. If you're shopping at a [participating Tesco store](#), please collect a blue token and vote for Free2B!

YOUNG PEOPLE

As always, there's been plenty of creativity and fun across our youth clubs! Our young people have been busy getting stuck into all sorts of activities, including picnics at Morden Hall Park, patch making, collaging, designing tote bags, lino printing and even making their own pizzas! We've also been running summer employability workshops, helping young people explore new skills and prepare for future opportunities. It's been wonderful to see everyone getting creative, trying new things and spending time together in a safe and supportive space.



RAINBOW RANGERS

Over the spring and summer term we developed our Youth Council to provide more opportunities for our young people to get involved. Alongside the more formal youth council meetings, we now have a wide range of activities members can choose from including: creating social media content, creating digital art, volunteering at our junior youth group, helping out at community events, attending consultation sessions and carrying out QuOfsted assessments to support mainstream services with LGBTQ+ inclusivity.

And one young person has created some fabulous new art work to expand our existing range of Free2B illustrations. Check out their new illustrations which will be used to represent our partnerships!



TRAINING AND RESOURCES

We're excited to have launched two new digital resources! Co-produced with LGBTQ+ young people, our new Parent & Family Guide and Top Tips for Positive LGBTQ+ Allyship offer practical guidance to help organisations better support LGBTQ+ young people. **Can you help us spread the word?** If you know organisations or services that might find these resources useful, we'd really appreciate you sharing them or putting us in touch!

[Check out our New Resources](#)



ADVENTURES AT WOODROW HIGH HOUSE

Our young people enjoyed a fantastic outdoor adventure at Woodrow High House! They had a brilliant time enjoying the great outdoors, getting adventurous, trying new things and, most importantly, making some lovely memories together.

Trips like these offer a wonderful opportunity for young people to step away from everyday life, build confidence, strengthen friendships and have fun!



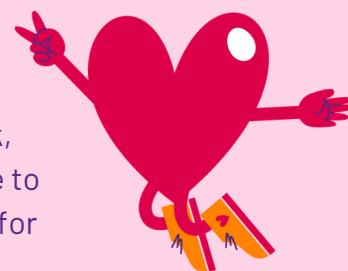
[See our Residential Photos!](#)

PROUD PARENTS

Upcoming dates:

28th Oct | 11th Nov | 25th Nov

In September, our Proud Parents group welcomed Free2B Director Mark, who delivered an informative session on anti-bullying, offering guidance to help parents better support their young people. A big thank you to Mark for sharing his expertise!



We were also delighted to be invited to join FFLAG for a special session with Bobbi Pickard. The session focused on raising awareness and understanding of trans issues through lived experience.

[Visit our Proud Parents webpage](#)

